



LEGACY
BRISBANE WATER (NSW) LEGACY
No 97 December 2022

Chatterbox



PRESIDENTS CHANGEOVER LUNCHEON

SONS OF ANZAC HAMPER RIDE

CHRISTMAS IN JULY



FREE PICK ME UP & TAKE ME HOME

Chittaway Bay Social Golf Club

On Friday 19th August my wife Sharyn and I attended a meeting of this club, a club well known over the past 5 years to BWLC.

This group of wonderful golfers constitutes the oldest social golf club (and the largest?) on the Central Coast fielding some 60 members.

Each year on ANZAC Day they hold a commemoration event at Chittaway Bay Tavern where a raffle is held, proceeds generously donated to Legacy.

This was our third visit to collect a substantial cheque and express our thanks. No visits had been possible for two years owing to Covid restrictions, but the fund raising raffles had continued and the proceeds held for a time in the future.



This was the time and a very generous cheque was received from club president Tony Carol.

I responded and made a presentation, outlining briefly what this money means to our beneficiaries and thanked the club on behalf of BWLC.

Thanks again Chittaway Bay Social Golf Club, we can only do what we do because of people like you.

See you next year,

Legatee Max Davis

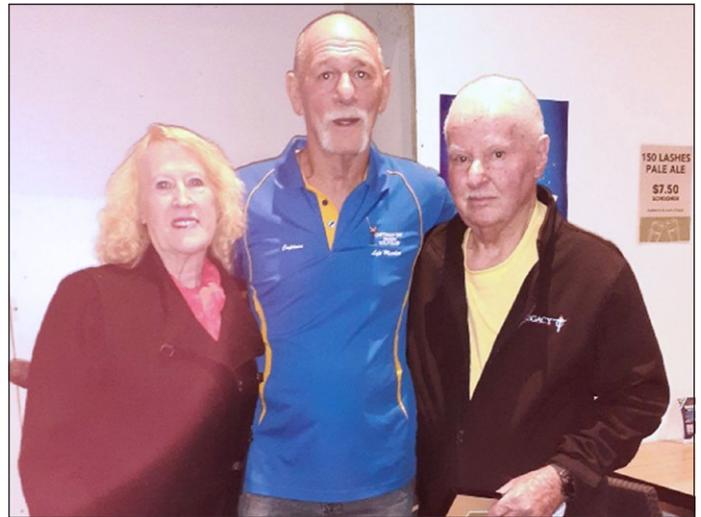
Cover photo left to right

Presidents Changeover Luncheon

Outgoing President Legatee John George OBE

President Legatee Patrick Gallagher CSC

Guest of Honour Mark Donaldson VC



Fund Raising with Bunnings

On the weekend of 3rd and 4th September Bunnings, enthusiastic supporters of the coming Legacy Centenary programme generously made available prime space at their West Gosford store for Legatees from BWLC to man a stall selling badges, bears and other Legacy memorabilia.

A generous public responded adding funds which will go to supporting families of deceased or disabled veterans.

This partnership between Australia's leading hardware outlet and Legacy was repeated at Bunnings retailers around the nation.

Thank you, Bunnings!



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**Copy deadline is
6 March 2023**

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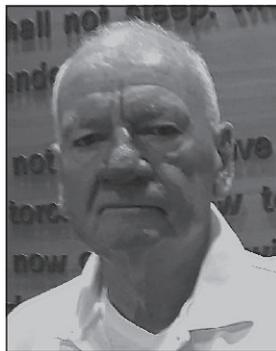
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Outgoing President's Report



This is my last report to you as President and Chairman of our 'best practice' and wonderful Legacy Club here at Brisbane Water (NSW). I have now completed three years in the position and the time has come to pass the baton.

My time as President and Chairman has been a privilege and I thank you all for the opportunity to serve in these roles. I have been fortunate to have strong support from Directors and from the CEO and his staff throughout my tenure. I am indeed indebted to all for their contributions.

Serving as both President and Chair has given me the opportunity to work alongside some of the finest people I have had the privilege to know. I refer in particular to our CEO, Peter Lawley and his exemplary staff. As Legatees we should be immensely grateful that we have such calibre of individuals supporting us. I cannot thank them enough.

The second great thrill about being in these positions has been the opportunities to mix with our Beneficiaries across the board. Attending their social functions, chatting with them on the phone and accompanying them on bus trips are experiences that will remain with me always. But probably the greatest honour has been delivering flowers to our Beneficiaries who reach the 100 years of age milestone, and beyond. I am in awe of all of them; such wonderful people who have witnessed so much in life and who still make a worthwhile contribution. Some of the things they have seen and experienced are beyond our imagination.

I leave 'the chair' knowing we are in good shape financially thanks to the efforts of the CEO, Peter Lawley, our Finance Manager, Shane Gough, and our Finance Director, Tony Morton. Our latest audit result was excellent with the most favourable comments I have seen in any audit anywhere over my many years in business.

I am also happy to say our corporate governance is of the highest order as is our strategic planning for the future and our delivery of core services to Beneficiaries. I thank you all for the part you have played in this.

On the downside, Covid played havoc with us for much of my three years in the 'Chair' but, even so, our ever-innovative CEO was able to implement new initiatives which ensured we kept in contact with our Beneficiaries throughout.

The other upsetting aspect is that our Torchbearers have found it impossible to continue as a viable organisation so they will fold later in the year.

Continued on page 6

Incoming President's Report



This is my first report to you as President and Chairman of Brisbane Water (NSW) Legacy. As I begin my term I congratulate and thank Legatee John George for the way he has guided our Club over the past few years. I am sure you would all agree we have experienced a period of disruption that, by any measure, was extremely challenging. John's leadership and approach to all aspects of club management have been exemplary throughout.

Since the founding of Legacy nearly one hundred years ago, its original role, responsibilities and aspirations have not changed. As such, the Club will in my term continue to care for and foster the families of the fallen, of seriously injured veterans, and of those who may die as a result of their service. This is, and will remain, our single, constant and overarching focus.

I joined Legacy because I wanted to give something back to the ADF, to their families and to the community in recognition of the sacrifices of others and in appreciation of the service of all those who provided me with so many personal and professional opportunities over the years of my own service. Since joining Brisbane Water (NSW) Legacy, I have come to realise how very fortunate I am to have already been mentored by and worked with so many dedicated and very generous men and women from all walks of life.

I remain humbled by the trust placed in me by both the Committee and Members of what is widely regarded as a well-run and very successful Legacy Club. Our Club has an outstanding record of providing support to our beneficiaries, has an outstanding membership of devoted and diligent Legatees, has a longstanding and outstanding CEO in Peter Lawley; and has an outstanding team of staff in Heather, Shane, Maree, Michael, Peter Groom, Sharon, Jessica, Angela, Chris, Colin and Ian, all of whom have demonstrated dedication second to none.

Having spoken of the past and the present, I now look to the future. Our intention is that over the next three years we will continue to provide the very sound and successful day-to-day services of the Club; will redevelop the village site to improve accommodation, meeting and administrative facilities; consider the role of our Club out to 2050 in the context of wider changes; consider the nature and extent of awareness of the Club on the Central Coast; and plan the future succession arrangements for Legatees, Directors and Club Staff out to 2050.

Continued on page 6

From the Editor

As you read this another year will have almost passed.

A year of mixed fortunes, some good, some bad.

Easing of the Covid crisis allowed BWLC to get back into full stride with bus trips back on agenda, a spectacular Race Day, Mothers Day, Christmas in July and of course our Christmas Party.

Add to that a new Club President, Vice President and a number of new Directors all installed at a spectacular changeover luncheon – see photographs on page 9 of in this edition of *Chatterbox*.

With the closing of 2022 I would like to give special mention to the team that put the *Chatterbox* magazine together.

Staff member, Peter Groom, who provides administrative (and intellectual) support, pulling the loose ends into shape.

Editorial Committee: Legatees Mark Gattenhof, David Ferry and Kathy Patterson. These committed Legatees write articles and jokes, proof read and contribute in no small way to the finished product.

Mrs Pam Morton you know from the Book Reviews. She is also a much relied upon outstanding proof reader.

Mrs Sharyn Davis is the contributor of Trivia, and a valued proof reader.

Thank you all, it wouldn't happen without you.

Next year will be an exciting period, new building commencing and 100th Anniversary of Legacy, more to follow on these events.

So, for now a Merry Christmas to all.

Legatee Max Davis – Editor

On December 16, 1965, astronauts aboard Gemini 6, Wally Schirra and Tom Stafford, played a prank on Mission Control. They reported they saw some kind of UFO, stating the pilot was "wearing a red suit". They then played "Jingle Bells" on a harmonica backed by sleigh bells.

Both instruments are now on display at the Smithsonian National Air and Space Museum and considered the first musical instruments played in space.

Marketing / Nuisance Calls

If you feel you're getting too many marketing or nuisance calls, you can contact the 'Do Not Call' register on 1300 792 958 or go to donotcall.gov.au. Some organisations that have your consent or are exempt may still call you occasionally.



CEO Update

At Brisbane Water (NSW) Legacy we are fortunate to be supported by local groups who assist in funding our Advocacy program. This includes Ourimbah RSL, who run a weekly trading table, The Toukley Torchbearers who have for many years run fetes, golf days and street stalls, and the Chapman Trust, a major financial supporter for Legacy on the Central Coast.

A group who started in 2016 are the SONS (of Anzac) social motor bike club. In 2016 the SONS decided to help fund our annual Christmas Hamper program, and since that time have raised more than \$55,000.

In early November, the SONS 2022 ride was held, culminating in a gathering at the Dam Hotel in Hamlyn Terrace. A number of our Village Widows attended the gathering along with a number of our Family beneficiaries. It was incredible to hear and see the number of motor bikes riding into the carpark, with a raffle and light lunch held.

Through this fundraising, we will be delivering special Christmas Hampers to the more vulnerable of our beneficiaries, providing items that most are not able to afford, but will make their Christmas just that little bit brighter. We also provide care hampers during each year to those who may be doing it tough from time to time.

To not just the groups mentioned above, but also to all supporters of Brisbane Water (NSW) Legacy, we thank you for your continued support. All monies raised go directly to funding our Advocacy programs. Your support is appreciated, and spent according to the Legacy objectives, supporting our Veterans families.

In other news, our Village redevelopment is progressing, with the Development Application approved in October by the NSW Department of Planning. We are working with our builder (Grindley) and are expected to commence construction very early in 2023.

Peter Lawley – Chief Executive Officer



Legal appointments available to all enrolled beneficiaries at
**Legacy Village, 51-57
Masons Parade,
Point Frederick,**

every Tuesday
at 10:00am

**Please phone the Legacy
Office on
4323 4977**

Greetings from our busy bus!

What do our beneficiaries on the Legacy bus and well-known singer Lucky Starr have in common? Well, we've been everywhere too!!!

Over the last few months, we have been all over the place visiting, sightseeing, and of course eating our way to happiness. Our ladies have really enjoyed getting out and about again after all the Covid restrictions and now spring and summer have arrived it makes for lovely weather as well.

Some of the places we have visited include Auburn Botanical Gardens, The Barramundi Farm at Bob's Farm, Wye Nursery, Angel Sussuri, (Yarramalong Valley) Koala Sanctuary (Nelsons Bay), Swanes Nursery (Dural), Asquith Golf Club and many more.

The Auburn Botanical Gardens visit was at Cherry Blossom time and afterwards the ladies had a lovely lunch at Carnarvon Golf Club. We also drove past some homes previously lived in by some on the bus which was quite nostalgic for them.

The Barramundi Farm is also a lovely spot for lunch and the weather was fantastic. After dodging various potholes on the way, the ladies sat out on the veranda and dined alfresco style.

Wye Nursery café has re-opened, and they make the Legacy bus very welcome with a 10% discount on any purchases in the nursery. The food in the café is also delicious and the setting just magic.

Angel Sussuri (means Angel Whisperer in Italian) is a lovely venue in the old Yarramalong Lodge. It's family run and they are most friendly and accommodating to everyone. They also have six rooms for accommodation which some may like to know if you want a lovely, peaceful overnight stay.

Swanes and Asquith Golf Club were both their usual accommodating selves and made the ladies feel most welcome. Hi -Tide at Brooklyn is a quaint little café on the marina with beautiful views over the Hawkesbury. While on the Hawkesbury, the Riverboat Postman was also an outing over the last few weeks and that got the 'stamp of approval' from all as well.

We hope to see you all on our next bus trip and if you've never been before this is an ideal time weather wise to get out and about in our beautiful country.

Happy travels.

Chris



Chatterbox on audio CD

Many of our enrolled beneficiaries receive copies of *Chatterbox* on audio CD.

If you are a sight-impaired enrolled beneficiary, or know someone who is, please contact the Legacy office on 4323 4977 for copy of the audio CD.

We would like to acknowledge the generous sponsorship of Vision Australia for providing this service.

Wattle Widows Club Report

Welcome to our last *Chatterbox* for 2022.

Sadly, we have had the passing of our Queen Elizabeth 2nd, a sad occasion for us all.

Our years seem to be going by so quickly, but we are enjoying our time with Brisbane Water Legacy.

Again, our Christmas in July was amazing, the decorations and entertainment were fantastic, as was our Christmas lunch.

In August our bus trip to Auburn to see the Japanese Gardens and the cherry blossom trees, which were in full bloom, were such a pretty sight to behold and to add to that we lunched at the local Golf Club which was a great way to finish off the trip.

In September we were given the privilege of a private screening of a movie (*Falling for Figaro*). It was out of this world; we were so lucky to have been able to watch it.

Our bus trip in September was back to Swaney Nursery again by request of the ladies, and this time it did not get rained out. At the end of September, we had a bus trip to Hawkesbury River and a trip on the River Boat around the Hawkesbury. Also, a very enjoyable lunch was included. This is always a popular trip, even though the rain was unrelenting it was still enjoyed by all.

Well ladies, that is about all this year. Until next year, keep well and safe and if you wish to come and join us, you are most welcome.

And here is a little joke to finish off:

An Irish Joke

Paddy says to Mick, "I found this pen, is it yours?"

Mick replies, "Don't know, give it here."

He tries it and says, "Yes, it is."

Paddy asks, "How do you know?"

Mick replies, "That's my handwriting."

Patricia Young – *Coordinator Wattle Club*

Rosemary Social Group

We continue to meet on the second Tuesday of each month, at Legacy House in Gosford, and our ladies look forward to welcoming any new Widows eager to be part of this Group.

It's always great to catch up, even more so now, after COVID interruption to our lives.

We ladies from the north are extremely lucky to have Chris pick us up from the ARY at 9.45 to be at our meeting by 11.00, where we are greeted by Michael, and our Legatee, Carolyn Nunn ... then served morning tea.

Our meeting covers General news of upcoming events and outings, tips for our general well-being and any other matters of interest.

We then have a game or two of Bingo, followed by lunch, prepared and served by the Staff. September menu was roast beef with Yorkshire pudding no less, plus Fruit Salad, We are lucky to have Carolyn Nunn join us on these days. She takes care of listing names for future events, and helping, in general, with all else. We thank her for this. We still have our little team of Torchbearers running their goodies stall selling cakes, slices, lemon butter, caramel sauce, a beautiful assortment of jams, marmalade, pickles, preserves and relishes. This is much appreciated and well supported.

We are all looking forward to upcoming events – Wangi Wangi Workers for lunch Sept 28th and 26th October – Koala Sanctuary at Port Stephens. I would like to thank Sharon for researching that outing. She has given us a glowing report.

At this point I would like to invite any new members to this lovely little group, I know you will benefit from the fellowship and support.

Wilma Pisani

The Entrance/Long Jetty Widows Club

The Entrance Long Jetty Widows Group have been busy, meeting once a month at Diggers at The Entrance, playing bingo and catching up over tea and coffee.

We are also thoroughly enjoying going on our monthly mystery bus outings on the Legacy bus. Recently we have been to Mooney Mooney, Berowra Waters and the Davistown RSL via the ferry.

It is lovely to see the weather warming up, I bet everyone has had enough of the rain. Trust you all kept safe during this wild weather. Stay cool over the Summer, and have a safe and very merry Christmas. Until next year, take care.

Jessica Stoker – *Welfare Officer*

Are you having trouble attending Widows Clubs because of mobility or transport reasons?

Call the Legacy Office on 4323 4977 for assistance!

Toukley Torchbearers for Legacy

It is with great sadness that this will be our last report in *Chatterbox* for Toukley Torchbearers for Legacy. We will be disbanding at our last meeting on 12th December 2022.

Toukley Torchbearers first had their 1st AGM on 11th March 1985 and have over that time till now raised well over 1 million dollars for Brisbane Water (NSW) Legacy.

Many of our wonderful workers over the few years. The inaugural committee was:

President	June Milburn
Vice Presidents	Norma Wood and Betty Shepard
Secretary	Eileen Brown
Treasurer	Betty Morrison

This committee along with their members that grew from 70 in the first year to 120 in the next few years. This group of Torchies ran various fundraisers to help with the purchase of the hostel. Once open they moved their stock that had been housed at their homes into the storeroom at the hostel and began running meetings from there as well.

Our current numbers are down to about 15 members which makes it hard to continue with our ladies health and age now slowing them down as well as the effect that Covid has had on us all and our events.

This year we have had our Harry Moore Memorial Golf Day, Legacy Ladies Golf Day, Garden Party at Legatee Carolyn Nunn's home. We also had two street stalls in Budgewoi all of which were very successful.

Our life members are:

E Brown, B Morrison, J Milburn, N Wood, J Barker, E Plummer, V Butler, K Marville, R Condon, J Doel, M Clark and E Pettett.

Many of these ladies along with others spending many years in committee positions and many hours raising funds and working hard in doing so.

Thank you to all that have supported Toukley Torchbearers for Legacy over all the years that our ladies have been fundraising.

I would like to wish you all a Merry Christmas and Happy Safe New Year.

PS: We still have some children's knitwear, beanies and bed socks.

If you are interested in purchasing, please contact me, Sue Hartas on my home phone 4976 1404, my mobile 0414 701 489 or email hartas@bigpond.net.au

Sue Hartas – Secretary

Toukley Social Club Report

Hello ladies, now that we are back in the swing of things we enjoyed, very much, our trip to Lovedale in June. At the McGuigan winery we were looked after really well by Wilma's daughter who presided over the wine tasting and many of us came away with our favourites to take home.

Also, in June many of us celebrated the life of Fran Bush who was a much loved member of our Club.

Our July trip was the trip by ferry from Woy Woy to Davistown with lunch at the Davo RSL – unfortunately several ladies contracted Covid on this trip but otherwise it was a lovely day out. On 14th July we had our Christmas in July lunch 'Wonka Land at Legacy' which was, as usual, a wondrous affair, as always, hosted by the wonderful staff at Brisbane Water Legacy. Entertainment was from Simon Gillespie who is known for singing Peter Allen songs.

Our August outing was to the Barramundi Farm at Bob's Farm which was very interesting. In September we went to Wye nursery for morning tea and purchase of plants – perfect timing for Spring – and then on to the Belmont 16 footers for a welcome lunch.

Hazel has organised our Christmas lunch for 5th December at 12 noon at the Toukley Golf Club which will be instead of our normal meeting and we hope that many of you will be there.

We wish you all a very merry Christmas and a happy New Year and look forward to seeing you next year.

Hazel Duckett and Diane McCarron

Our Strange Language by Lord Cromer

When the English tongue we speak,
 Why is 'break' not rhymed with 'freak'?
 Will you tell me why it's true
 We say 'sew' but likewise 'few'.
 And the maker of a verse
 Cannot rhyme his 'horse' with 'worse'?
 'Beard' sounds not the same as 'heard';
 'Cord' is different from 'word';
 Cow is 'cow', but low is 'low';
 'Shoe' is never rhymed with 'foe'.
 Think of 'hose' and 'dose' and 'lose';
 And think of 'goose' and yet of 'choose'.
 Think of 'comb' and 'tomb' and 'bomb';
 'Doll' and 'roll' and 'home' and 'some'.
 And since 'pay' is rhymed with 'say',
 Why not 'paid' with 'said', I pray?
 We have 'blood' and 'food' and 'good',
 But 'mould' is not pronounced like 'could'.
 Wherefore 'done' but 'gone' and 'lone'?
 Is there any reason known?
 And, in short, it seems to me
 Sounds and letters disagree.

Outgoing President's Report

Continued

These ladies have been a beacon of strength when it comes to fundraising over the years and overall have contributed over \$1.6 million in funding. On your behalf, I thank them so, so much for their efforts.

As everyone is aware, almost four years ago, under Legatee Max Davis's Presidential watch, we embarked on a Village Redevelopment Project. This has been a long and difficult road to travel thanks to Covid and the bureaucratic processes, but we are getting there. Our new President, Legatee Patrick Gallagher, will drive this Project personally and I would expect we will be in our new premises by end 2024; subject of course to the members approving the way forward. I couldn't think of a better qualified person than Patrick to be in the lead on this Project.

Thank you for allowing me to serve as your President and Chairman for the last three years; It has been a wonderful experience.

Warm regards,

Legatee John George, OBE
Outgoing President

THE YOUNGEST ANZACS

In October 1914, aged 13, Walter Dunn, or "Charlie Chaplin" as he was known to his mates, decided to leave his Aussie home and go fight in WW1, which was just then getting underway in Europe. He stowed away on a troopship bound for Egypt, was discovered when the ship arrived, and adopted by the Light Horse mounted infantry as a mascot.

He was then made a bugler, an official rank which meant he was entitled to benefits due to all soldiers of the Australia Imperial Force.

Walter went to Gallipoli, where he was shot in the arm. After recovering, he fought around the world before being discharged for serving his time and returning to South Australia.

By now he was almost 16, but his adventures made him a media sensation. He claimed that a woman in Adelaide wished to adopt him, as she thought he was adorable. No-one knows what happened next.

Private James Charles ('Jim') Martin is the best known boy soldier. He is believed to be the youngest soldier on the Roll of Honour. Jim was 14 years 9 months old when he died at Gallipoli.

Reginald Garth, a 12-year-old Perth boy who stowed away on the transport RMS *Mooltan*. His three brothers and father enlisted for the First World War and he wanted be part of what he thought might be an adventure.

Incoming President's Report

Continued

Finally, regarding the redevelopment, I am pleased to report we hosted Dominic Perrottet MP, Premier of NSW, and Taylor Martin MLC, Parliamentary Secretary for the Hunter, at the Village on 6 October 2022. During their visit they spoke with three of our residents, Mary, Lyn and Mary, and with several staff and board members about the future of our site.

The Premier rapidly cleared the administrative hurdles we have faced since November last year and he personally advised of the approval of our Development Application.

On that basis, I look forward to the coming year, when we will progress the redevelopment while we continue delivery of our services to all beneficiaries across the Central Coast.

Warmest regards to all,

Legatee Patrick Gallagher
Incoming President



Above: A Bugler – the same rank Walter was given.

Below left: 1553 Private (Pte) James (Jim) Martin, 1st Reinforcements, 21st Battalion, of Hawthorn, VIC.

Below right: Reginald Garth, the patriotic stowaway.



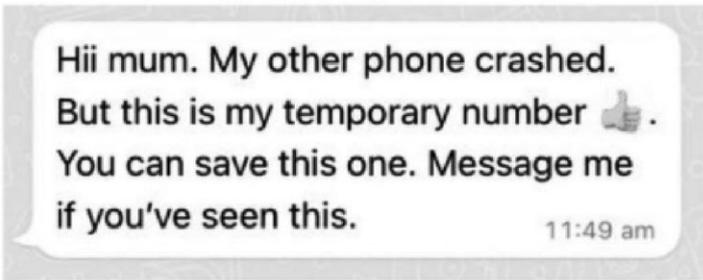


POLICE WARN OF 'MUM & DAD' PHONE SCAM

Police have issued a warning about a new scam circulating on WhatsApp where criminals pretend to be the recipient's son or daughter.

The "mum and dad" scam usually involves a scammer messaging a parent claiming to be their child and asking for money.

SCAM



Hii mum. My other phone crashed. But this is my temporary number 👍 . You can save this one. Message me if you've seen this. 11:49 am

The "mum and dad" WhatsApp scam.

Monaro police are warning Queanbeyan residents to be aware of the scam following at least 325 reports related to the "mum and dad" scam this year.

"Scammers may pose as family and friends to gain instant trust," a post on the Monaro Police District Facebook page reads.

"If you get an unexpected message from someone claiming they have a new number or new bank account, call them directly on their usual number to confirm."

Scamwatch has received at least 325 reports related to "mum and dad" scams this year, with Australians losing more than \$710,000.

It is expected losses may be even higher, as research shows that only around 13 per cent of people report their losses to Scamwatch.

Remember to protect your passwords and update them regularly.

For more information and to keep up to date with Scams go to the Scamwatch website www.scamwatch.gov.au

71st Brisbane Water Legacy Club Presidents Changeover Luncheon

On Saturday 24th September 2022, I was privileged to be the Master of Ceremonies (MC) at what turned out to be an excellent event, held in the Legacy Hall at Point Frederick. Much planning had been done prior to the event with many people working hard to ensure that all went off well. The Hall was very tastefully decorated by our wonderful BWL staff, a fact which was favourably commented upon by those in attendance.

Proceedings commenced with the reading of the poem *In Flanders Fields*, read by Legatee Eric Flood followed by *The Answer*, read by Legatee Jenni Bouchier and *The Ode*, delivered by Legatee Mark Gattenhof (MC). *The Last Post* and *Reveille* were played by Legatee Bob Keating. Legatee Cheryl Smith said Grace.

A total of 93 people were present for the function. A superb two-course meal was delivered – all prepared in house by our amazing staff.

The Outgoing President, Legatee John George OBE, formally welcomed our guests and this was followed by a short video address by General, the Honourable, Sir Peter Cosgrove AK, AC (Mil), CVO, MC. Sir Peter expressed his apologies for being unable to attend in person.

The Guest of Honour was Corporal Mark Donaldson VC, who was introduced by Legatee John George. Mark had only recently returned from England where he attended the funeral for Queen Elizabeth II. In his introduction, John read out Mark's VC citation which was very impressive. Mark gave us a talk about his life and career which held the audience spellbound. A truly special person.

This was followed by the Outgoing President's address in which he summed up the main highlights of his term of office and then introduced the Incoming President, Legatee Patrick Gallagher CSC.

Patrick's address followed and he then introduced the 2022/2023 Board of Directors consisting of Legatees: A.J. (John) George, M.E. (Michael) Hickey, I.M. (Ivan) Kent, R.W. (Bob) Lowry, A.J. (Tony) Morton, J.L. (Jenni) Bouchier, R.G. (Rex) Ward and J.B. (Jack) Wade – absent. Also P.E. (Peter) Lawley – CEO and Company Secretary.

There were 41 BWLC Legatees and partners present as well as our visitors. These included Colonel Ahmed Mostafa (Colonel Commandant RAE Eastern Region), David Harris MP (Member for Wyong), Liesl Tesch MP (Member for Gosford) and Adam Crouch MP (Member for Terrigal).

We had nine of our marvellous Toukley Torchbearers in attendance and special mention was made of their sterling efforts over many years in raising over \$1.6 million for Legacy. Sadly, due to the passage of time, they will cease operations at the end of the year.

Local Businesses were represented by:

- Central Coast Business Review
- Grindley Constructions
- Creightons Funerals
- Coast Publishing

Other Legacy Clubs:

- Sydney
- Taree
- Wollongong and South Coast
- Hunter
- Tamworth
- Port Macquarie Hastings

Other Ex-Service Organisations:

- Vietnam Veterans, Peacekeepers and Peacemakers
- National Servicemen's Assoc. Gosford City
- Gosford RSL Sub-Branch
- Ourimbah-Lisarow RSL Sub-Branch
- Sons of ANZAC, Central Coast
- Davistown RSL Sub-Branch
- Terrigal-Wamberal RSL Sub-Branch
- Woy Woy, Ettalong, Hardys Bay RSL Sub-Branch
- The Entrance-Long Jetty RSL Sub-Branch
- Toukley RSL Sub-Branch

We were also pleased to have Miss Sarah Pascoe, one of our Scholarship recipients, attend.

At the conclusion of proceedings, it was my honour to introduce our hard-working staff who made the day such a success. They were given a warm accolade by all present.

In summary, I rate this as one of the best events held during my time with BWLC and a fitting finale as the last official function to be held in the current hall. It will be a hard act to follow in the future.

Legatee Mark Gattenhof

71ST BWLC PRESIDENTS CHANGEOVER LUNCHEON



CHRISTMAS IN JULY

The Brisbane Water (NSW) Legacy 'Umpa Lumpa' staff prepared a Chocolate Factory for our version of Christmas in July this year. Held over two days, it was a very special event for our Beneficiaries who enjoyed it immensely.



CHRISTMAS IN JULY



A Personal Message from Sharon

In general, we your Legacy family like to keep things light-hearted at Christmas time, but we can't ignore that many of us have had a difficult year with illness, for some, isolation due to limitations and losses.

Seems to me, the greatest of these this year, has been loss. Many of you have experienced the loss of your husbands, siblings, or close family. For others it has been the loss of the dearest of friends. Many that have been friendships formed here through Legacy.

We have lost some of our best this year. Judith Durham, Olivia Newton John, Shane Warne, Sidney Poitier, Betty White, Dame Angela Lansbury and not to mention our dearly beloved Queen Elizabeth II. May they all Rest in Peace.

For those of you who don't know me personally through my visits, I have been a Welfare Officer for 13 wonderful years, working with the best boss - Peter Lawley, incredible Legatees who volunteer their time for our beneficiaries, and 11 staff members. I regard all as family. A Family which also includes my wonderful husband Peter Groom.

I have enjoyed everything about my job except for losing many beautiful people I have cared for deeply. When you love what you do it is tough to say goodbye.

During my time as a Welfare Officer, I have been truly blessed to have been also regarded by you all as family, and on occasions, honoured with trusted confidences in matters often withheld from others.

Many of you may have noted my absence, wondered where I've been and when I may return. For some others, a level of explanation may have been shared and your messages and kindnesses have been wonderfully appreciated. Believe me, I have missed you all too and, as hard as it is to find myself at this point, I would like to now explain my situation as simply and as honestly as I can.

On the 29th of June this year, my life altered dramatically and irrevocably following a medical emergency. Constant tests, scans, and medical procedures since that time continue.

Sadly, I have a terminal diagnosis for cancer.

While what lies ahead will consume all my efforts, be assured, memories of our times together provide me greatest comforts. From the bottom of my heart, thank you for everything you all mean to me.

Welfare Officer Sharon Groom



A note from Michael

This is a very personal message. Without question, difficult to pen and without doubt, harder to share.

Let's all take a moment and consider fondly, our Sharon. The lady behind those words and undoubtedly held kindly within our hearts.

We could all agree that beginnings can be scary, that endings are usually sad, but it's the stuff in the middle that counts the most. We all know the limitless extent of Sharon's middle – her lifeblood, her very soul. The loss of her from our Administration and front-line Welfare staff is immeasurable.

You know... life is not a series of meaningless incidents or accidents. Rather it is a wonderful tapestry of events that culminate in an exquisite sublime plan. We are the fortunate ones to have had OUR sublime plans in meeting, collide with hers.

Together... today, let's celebrate her most memorable life with Legacy, wishing her Godspeed in her challenges and kinder days ahead. From the day we met her to the memories we all hold priceless, let's simply acknowledge the impact she has made on all our lives.

Sharon is a most unassuming lady bestowed with simple treasures of the heart seldom seen. Someone who leaves their mark on you without effort. We are blessed for moments shared – together at Legacy and together through extended friendships.

Having said that, and while there's no denying our Sharon has an unforgettable voice, that she could become easily distracted to time, could not seem to get off the phone, struggled with spelling and was forever losing stuff on her impeccably neat desk, she was also imbued with a limitless forgiveness for us all (at work), finding herself the subject of a seemingly relentless barrage of odd pranks.

You see, Sharon is bestowed with an honest and innate belief that most people are inherently good. While Sharon could be the fiercest adversary, with tender gentleness she always protected those she cared for most, without compromise. She is one of those people who could read another from the moment she met them and when needed, (sometimes to her own detriment) open herself completely.

Rarely does she consider herself first. There was always someone else more important. ALWAYS. One of the greatest memories I will treasure of the lady that first sat beside me 13 years ago... the lady who was to become affectionately regarded as my work wife, was how easily she seemed to fit in wherever she was. There was genuine peace sharing same spaces with her and I miss that connection dearly. Though our work family at Legacy have all met from different pasts, we truly do what we do best together. A very rare and irreplaceable care bridges our lives for each other. The breathes we have taken every day since then are part of the breathes

we have taken together. Not one of them wasted.

There can be no argument our Sharon is weathering unimaginable storms and how she remains unbroken, particularly during her illness, remains testament to the strength of her soul.

Let's all agree that the extent of her heart cannot be measured. She remains, for those among us though, never a mystery. What you see is what you get – honesty, compassion, trust, reliability, understanding, friendship and, above all love. That's if you deserve it and her compass is usually right. Sharon hallmarks innate qualities of the truest of friends. She has this in spades and unassumingly, these are her greatest gifts.

I believe we have become better people ourselves because of Sharon. May her shared life force in the days we remain apart, comfort us. In return, may our collective hopes, prayers, best wishes and love enshroud all her heart desires.

Though she's not quite in sight, be assured she's only a moment away in thought.

Sharon, not a one in a million girl,... rather OUR once in a lifetime lady.

We're beside you Sharon. ALWAYS, in what may be, and FOREVER, in what lies ahead.

Welfare Officers Parsons, Groom, Heenan and Stoker

Invidtus

Out of the night that covers me,
Black as the Pit from pole to pole,
I thank whatever gods may be
For my unconquerable soul.

In the fell clutch of circumstance
I have not winced nor cried aloud.
Under the bludgeonings of chance
My head is bloody, but unbowed.

Beyond this place of wrath and tears
Looms but the Horror of the shade,
And yet the menace of the years
Finds, and shall find, me unafraid.

It matters not how strait the gate,
How charged with punishments the scroll,
I am the master of my fate:
I am the captain of my soul.

William Ernest Henley, 1849-1903

James Bosson

Introducing James, a genuinely respectful and quietly unassuming man who became part of our Club following his transfer from Sydney Legacy early 2020.



Following the loss of his mother, and the sale of the family home, James decided he'd like to move to the Central Coast as he believed it not only had a very similar feel to their old northern beaches home, but was also an area in which some of his close friends lived. With the help of his brother (QLD) and sister (Northern NSW), and estate proceeds, this became a reality. Although he lives a relatively simple life, very much at ease with his own company and the surrounding peace and quiet, he has a love of music and is a member of a band, Juke Box Jive, who perform at odd 'gigs' – latest being Coffs Harbour and Port Macquarie. Multitalented, James plays both saxophone and keyboards with the band including backup vocals.

While James is supported socially through NDIS with assistances in shopping, therapies, and odd tasks, he remains very grateful for Brisbane Water (NSW) Legacy funded lawn care, the 'early days' minor maintenance tasks to his home following its purchase and in the knowledge we're just down the road ... never too far away.

James is well entrenched in most Event inclusions of our Club and is well regarded by all.

Welfare Officer Michael Parsons

Janet Bromfield

I was born in Sydney 1955, I have an older brother and sister, Steven and Elizabeth. My brother is currently living at Somersby. I went to Kulnura Public School and attended high school at Henry Kendall. When Dad returned from the Army, he was a truck driver and Mum would stay at home.

I am now retired from working, but I worked at Fair Haven at Tuggerah for a few years. I did all sorts of things at Fair Haven, product packing and filling plus warehousing, storage etc. I liked it a lot, I made a lot of friends, I even worked with Ray Sullivan who is also a Legacy Family Beneficiary. I worked at Fair Haven with Karen whom I currently live with at Narara, in a group home. I've been living here for approximately 6 years and I have extremely great carers here, who will often bake sweets with me or take me on outings.



I am kept quite busy, I am very involved with Legacy and go to all of their events and functions. I love listening to music and doing jigsaw puzzles, I play bingo at Mingara once a week. I am involved in a few programs like Options where we cook on a Friday, Senior Citizens and New Horizons where we regularly do arts and crafts. I often go away on Holidays, last year I went to the Blue Mountains with a disability support company, Karen and I also went down to Jindabyne, which would have to be one of my favourite getaways.

Janet Bromfield

VARIOUS EVENTS WE'VE HAD

2022 has been an exciting and eventful year for all Legacy Beneficiaries who participated in our many events throughout the year. A collage follows of some of the happy moments shared.



105
YEARS YOUNG



Age is just a number when it comes to Mavis who recently celebrated her 105th birthday. She still lives independently in her own home and inspires others with her positivity. We'd like to wish Mavis a very happy birthday from the Legacy family.

Christmas Cheer from SONS of ANZAC Motorcycle Club

On Sunday 6th November THE SONS of ANZAC conducted their annual ride for Legacy ending at the Dam Hotel, Hamlyn Terrace.

This outstanding Bike Ride is held every year with funds raised going to Brisbane Water (NSW) Legacy where the monies raised are turned into Christmas Hampers.

These hampers are then delivered to veterans widows to help them celebrate the festive season.

Simply put, 100-plus ladies will enjoy their Christmas just that much more, dining well and perhaps even more important, knowing they are not forgotten.

What a marvellous group of men and women, they are proud of the service of their fathers and express it in a way that I am sure would make their fathers proud of them.



Gone with the Wind 83rd Anniversary: Things you didn't know about the classic movie ...

With its smouldering passions, great one-liner and elaborate costumes, *Gone With the Wind* made an oversized imprint on popular culture when it was released in 1939.

Set in Georgia during the American Civil War, *Gone With the Wind* follows the beautiful but selfish Scarlett O'Hara, played by Vivien Leigh, as she tries to win the heart of a married man. It was an instant box office smash, scooping eight Oscars at the 1940 Academy Award ceremony. Its cultural influence has endured – according to film critic Roger Ebert in 1998, “It is still a towering landmark of film, quite simply because it tells a good story, and tells it wonderfully well.”

It was written by a real-life Scarlett O'Hara

Gone With the Wind was based on a 1936 novel by Margaret Mitchell, who was a kind of real-life Scarlett O'Hara. Born to a wealthy Georgia family with a grandfather who had served in the Civil War like O'Hara, Mitchell also defied social norms after getting involved in a love triangle.

Vivien Leigh almost wasn't Scarlett O'Hara

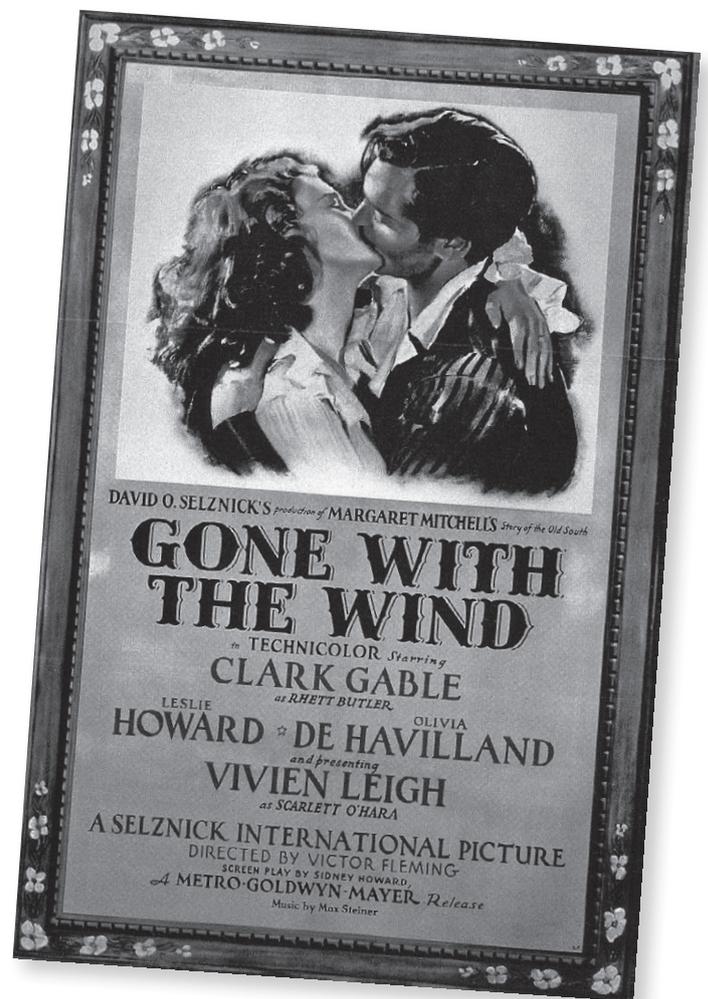
Producer David Selznick had an open casting call for the role of Scarlett O'Hara, sending agents across America to search for the perfect Southern Belle to kick up a frenzy of publicity. In the end, Vivien Leigh won the part. Selznick saw the little-known English actress in the flesh for the first time after shooting had already begun, and the producer was in desperate need of a Scarlett. Leigh arrived on set with her lover Lawrence Olivier while the famous burning of Atlanta scene was filmed – created by torching 20 years' worth of old movie sets. “I took one look and knew that she was right as far as her appearance went,” Selznick said. “If you have a picture of someone in mind and then suddenly you see that person, no more evidence is necessary... I'll never recover from that first look.”

The film had three directors

George Cukor, the first director, was fired 18 days into shooting. Victor Fleming, the next director, was so stressed over the slow, fraught production he told a friend that he considered driving his car off a cliff. He took time off mid-production due to exhaustion, and a third director, Sam Wood, stepped in.

One of the stars thought the film was 'nonsense'

Leslie Howard, who played Scarlett's love interest Ashley, wasn't happy either. “I hate the damn part,” he wrote to his daughter. “I'm not nearly beautiful or young enough for Ashley, and it makes me sick being fixed up to look



attractive.” He wrote that the film was a terrible lot of nonsense, “... heaven help me if I ever read the book.”

The classic line was almost cut

Rhett's classic line “Frankly my dear, I don't give a damn,” almost didn't make the cut. It took months of negotiation with the censorship board, who considered the word ‘damn’ to be a serious profanity. In one version, Rhett actually said “Frankly, my dear, I don't care” instead, but the censors eventually caved. In the novel, Rhett actually says, “My dear, I don't give a damn.”

Atlanta went all out for the premiere

The premiere in Atlanta was a huge success, with a million people arriving in the city in the hope of glimpsing the movie's stars. The day of the opening was declared an official state holiday by the governor of Georgia. Three days of parades and celebrations flooded the city, with locals wearing period costume in the streets.

It was controversial from the get-go

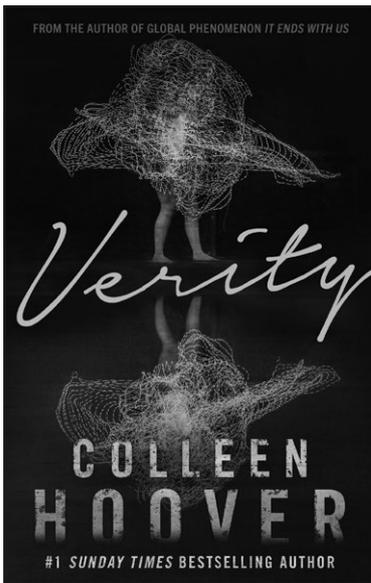
Not everyone loved it. There were protests from daughters of Union veterans, communists and African Americans. The NAACP objected to the film's treatment of black characters. Hattie McDaniel became the first African-American actress to win an Oscar for her role as Mammy, but she was barred from the Atlanta premiere due to segregation laws.

The investment paid off

When adjusted for inflation, it's the highest grossing movie of all time. It was also an international hit, taking in half its earnings overseas.

Book Reviews

Verity – Colleen Hoover



Lowen Ashleigh is a struggling writer on the brink of financial ruin when she accepts the job offer of a lifetime.

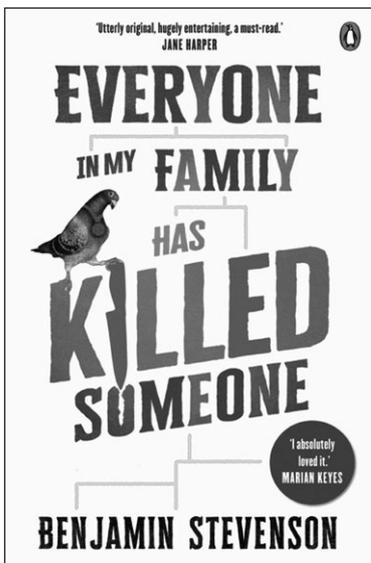
Jeremy Crawford, husband of bestselling author Verity Crawford, has hired Lowen to complete the remaining books in a successful series his injured wife is unable to finish.

Lowen uncovers an unfinished autobiography Verity never intended for anyone to read. Page after page of bone-chilling admissions, including

Verity's recollection of what really happened the day her daughter died.

Lowen decides to keep the manuscript hidden from Jeremy, but as her feelings for Jeremy begin to intensify, she imagines all the ways she could benefit if he were to read his wife's words. After all, she believes, no matter how devoted Jeremy is to his injured wife, a truth this horrifying would make it impossible for him to continue to love her.

Everyone in My Family Has Killed Someone – Benjamin Stevenson



"Everyone in my family has killed someone, some of us, the high achievers, have killed more than once."

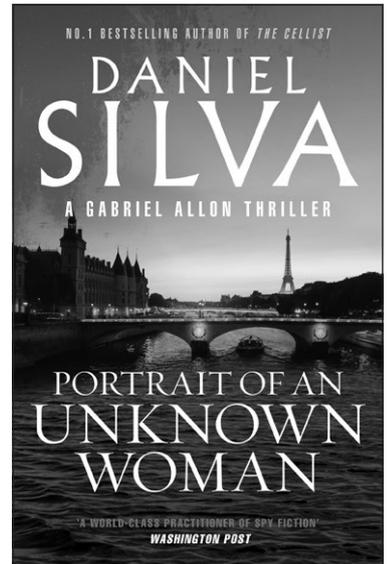
The dastardly clan in question is the Cunningham family. The narrator of this story is the affably gormless one, Ernest. The family is ferociously loyal – united in notoriety – so when Ernest provides the testimony that convicts his brother Michael of murder, he's ostracised.

On the eve of Michael's release from prison, Ernest is summoned to a reunion in the Snowy Mountains. When a body is found on the ski-slopes, Michael is immediately suspected and Ernest appoints himself chalet detective. As a snowstorm descends, and the bodies mount, our pseudo-sleuth finds himself in an Aussie underworld version of The Mousetrap.

Portrait of an Unknown Woman – Daniel Silva

Spy and art restorer Gabriel Allon has at long last severed ties with Israeli intelligence and settled quietly in Venice. His wife, Chiara, has taken over day-to-day management of the Tiepolo Restoration Company and their two children are enrolled in a neighbourhood school. Gabriel spends his days wandering the streets and canals of the watery city.

When the eccentric London art dealer Julian Isherwood asks Gabriel to investigate the circumstances surrounding the rediscovery and lucrative sale of a centuries-old painting, he is drawn into a deadly game of cat and mouse where nothing is as it seems. The work in question, a portrait of an unidentified woman attributed to Sir Anthony van Dyck, is almost certainly a clever fake. To find the mysterious figure who painted it Gabriel conceives one of the most elaborate deceptions of his career. If it is to succeed, he must become the very mirror image of the man he seeks: the greatest art forger the world has ever known.



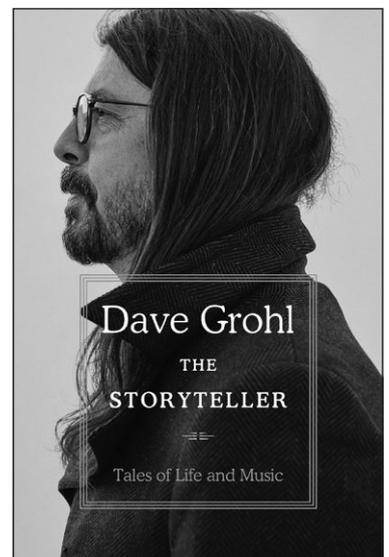
The Storyteller: Tales of Life and Music – Dave Grohl

So, I've written a book.

Having entertained the idea for years, and being offered a few questionable opportunities, I have decided to write these stories just as I have always done, in my own hand.

This certainly doesn't mean that I'm quitting my day job, but it does give me a place to shed a little light on what it's like to be a kid from Springfield, Virginia, walking through life while living out the crazy dreams I had as a young musician.

From hitting the road with *Scream* at 18 years old, to my time in Nirvana and the Foo Fighters, jamming with Iggy Pop or playing at the Academy Awards, or dancing with AC/DC, meeting Sir Paul McCartney, to flying halfway around the world for one epic night with my daughters...the list goes on. I look forward to focusing the lens through which I see these memories a little sharper for you, with much excitement.



Mrs Pam Morton

3rd Chatterbox Trivia

Mrs. Sharyn Davis

- Q1 Name 2 of the 3 stars of the ROAD movies *Road to Zanzibar*, *Road to Rio*.
- Q2 Which country was the first to give women the vote?
- Q3 In the children's novel *Alice in Wonderland* which character says, "I'm late; I'm late for a very important date!"
- Q4 In 1945 what range of products was invented by Earl Tupper?
- Q5 *My Wicked Wicked Ways* was the biography of which Australian actor?
- Q6 Rickets is caused by a lack of which vitamin?
- Q7 Which is the largest living bird?
- Q8 Held in London annually CRUFTS is the largest what of its kind in the world?
- Q9 Which Australian coin weights the most?
- Q10 The actor John Charles Carter is better known by what stage name?
- Q11 In which year was decimal currency introduced in Australia?

Don't look at the answers right away ...

A1 Bob Hope, Bing Crosby, Dorothy Lamour
 A2 New Zealand 1893
 A3 Rabbit / Hare
 A4 Tupperware
 A5 Errol Flynn
 A6 D
 A7 The ostrich
 A8 Dog Show
 A9 50c
 A10 Charlton Heston
 A11 1966

Kathy's Kitchen

CWA Biscuits!

This is a CWA recipe for biscuits, from one of the many great cooks on the Central Coast.



Ingredients

- 125 grams unsalted butter
- 125 grams castor sugar
- 1 egg – 60 gram
- ½ teaspoon vanilla essence
- 150 grams plain flour
- 150 grams self-raising flour
- 50 grams ground pecan nuts

Method

Cream butter and sugar till light and fluffy. Mix egg and vanilla essence and add butter and sugar. Add sifted plain and self-raising flour and ground nuts.

Roll dough between 2 sheets of baking paper to 3cm thickness. Use a cookie cutter to cut biscuit shapes. Place on baking paper lined tray and bake for 10-15 minutes at 160 to 180 Celsius.

Legatee Kathy Patterson

CONTINUING OUR LEGACY OF CARE

Please send me information on Helping as a Legacy volunteer How to make a bequest to Legacy

Enclosed is my gift of \$_____ to the Legacy family My cheque is enclosed **or** Debit my Credit Card

_____|_____|_____|_____|_____|_____|_____|_____|_____|_____|_____|_____|_____|_____|_____|_____| Visa Amex MasterCard

Name on card _____

Expiry Date ____/____/____ CVN number* _____ Signature _____

Address _____

_____|_____|_____|_____|_____|_____|_____|_____|_____|_____|_____|_____|_____|_____|_____|_____| P/C _____

Telephone (_____) _____

All donations over \$2 are tax deductible.

Please return this coupon to: Brisbane Water (NSW) Legacy, PO Box 4252, East Gosford, NSW 2250

* This number provides extra security for online payments. It is a 3 digit number on the back of Visa or Mastercard credit cards, or a 4 digit number on the back of an AMEX card.

Understanding post-COVID-19 symptoms and long COVID

If you develop symptoms such as severe shortness of breath or chest pain, call triple zero (000) immediately. Tell the call handler and the paramedics on arrival if you have COVID-19.

What can I expect while recovering from COVID-19?

Everyone will have a different experience in their recovery from COVID-19. Some people may recover in days, some in weeks or months. Although each case is unique, people recovering from more severe symptoms are likely to face a longer recovery period.

Schedule regular appointments with your GP to discuss your symptoms and how best to manage them. Your GP will tell you about any medicines that might suit your needs.

Common symptoms you may experience during your recovery:

- fatigue
- cough
- breathlessness
- joint or muscle pain
- chest pain
- change in sense of taste or smell
- anxiety and/or low mood

Less common symptoms:

- low-grade fever
- headache
- memory difficulties
- confusion
- rash
- muscle pain and weakness
- stomach and digestion difficulties
- depression

If you have any of the following symptoms, immediately call triple zero (000) for an ambulance and tell the phone operator you've previously been diagnosed with COVID-19:

- severe shortness of breath or difficulty breathing
- severe chest pain or pressure
- a new or returning fever
- difficulty concentrating and increased confusion
- difficulty waking up

The Royal Australian College of General Practitioners (the RACGP) has also created a guide for patients on managing mild post COVID-19 symptoms. This includes advice on managing fatigue, easing muscle and joint pain, and managing a cough or any breathlessness.

What is long COVID?

Most people with COVID-19 will recover completely

within a few weeks. However, some keep experiencing symptoms for weeks or months after their diagnosis. This is called 'long COVID' or 'post COVID-19 condition'.

A person is usually considered to have long COVID if their symptoms have continued for longer than 12 weeks after their initial infection. These symptoms can include:

- extreme fatigue (tiredness)
- shortness of breath, heart palpitations, chest pain or tightness
- cough
- hoarse voice
- problems with memory and concentration
- changes to taste and smell
- joint and muscle pain
- problems sleeping
- numbness or pins and needles
- changes in mood (anxiety, depression or stress)
- heart pounding or racing or heart palpitations
- joint pain
- muscle pain
- rash
- low-grade fever
- reduced appetite and weight loss
- difficulty going about everyday activities, such as work or chores

Who is at greater risk of long COVID?

Studies have shown that people are at higher risk of long COVID-19 if they:

- had severe illness during the acute COVID-19 illness phase, including those who needed intensive care
- have underlying conditions or diseases — for example, respiratory disease, obesity, diabetes, hypertension, chronic cardiovascular disease, chronic kidney disease, post-organ transplantation or active cancer
- are older
- are female

How is long COVID treated?

There is no specific treatment for this condition, but you can speak with your GP for help.

Some states and territories — including the Australian Capital Territory, New South Wales, South Australia and Victoria — have opened long COVID clinics in major cities to help people recover from ongoing symptoms. Your GP or medical specialist can advise if attending a long COVID clinic is right for you, and refer you to one if you need.

Crossing the Bar

Sunset and evening star,
And one clear call for me!
And may there be no moaning of the bar,
When I put out to sea,

But such a tide as moving seems asleep,
Too full for sound and foam,
When that which drew from out
the boundless deep
Turns again home.

Twilight and evening bell,
And after that the dark!
And may there be no sadness of farewell,
When I embark;

For tho' from out our bourne of Time and Place
The flood may bear me far,
I hope to see my Pilot face to face
When I have crost the bar.

Alfred, Lord Tennyson, 1889

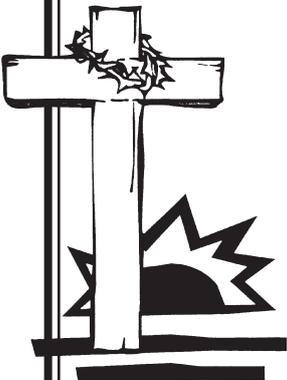


Vale

Dorothy Baines
Monica Beavis
Wendy Bennett
Betty Butler
Elaine Butler
Lillian Collins
Mabel Cooper
Iris Coughlan
Iris Davis
Rita Davis
Maureen Delarue
Phyllis Edwards
Betty Fitzgerald
Josephine Fraser
Annie Goodwin
Eileen Greentree
Shirley Healy
Helen Heinrich

Ruth Hennes
Joyce Hill
Barbara Hobart
Norma Hunter
Pamela Jeffries
Nola Jermyn
Pam Kean
Nellie Langham
Irene Lauder
Mavis Lloyd
Betty Macpherson
Beryl Martin
Joan Massingham
Ann McConnell
Frances Melrose
Ursula Needham
Shirley Pashley
Joan Reilly

Helen Reynolds
Betty Richards
Alice Robinson
Margaret Robinson
Judith Ryan
Patricia Sherrington
Helen Shrimpton
Myrtle Stevenson
Jean Stringer
Mel Sutherland
Mavis Thackway
Heather Turner
Marion Walker
Patricia Wallis
Nanette Welch
Mr Alan Wilson
Irene Young



Tread softly, for you walk on my dreams

From our readers ...



Thank you Cheryl for the lovely birthday card. A delightful surprise! Also, many thanks to the Legatees and staff of Legacy who sent their birthday greetings to me. Kind Regards

E.S.

To Legacy Thank you for remembering my birthday and all the thoughtful things you do.

B.T.

To Brisbane Water Legacy. Thank you very much for the lovely flowers for my 90th Birthday, they are still okay. I keep them watered. Thank you, David Harris, for your nice chat about our history.

C.N.

To Brisbane Water Legacy and Staff. Thank you for the lovely flowers and best wishes for my 100th birthday and special thanks also to John George for his hearty rendition of "Happy Birthday". Cheers

E.P.

To Cheryl Fitzgerald, many thanks for the lovely card you sent for my 96th Birthday. It is so nice to be remembered – and Legacy never forgets! Thanks again and best wishes.

M.T.

Dear Legacy Just a little note to thank you for my 92nd Birthday card. Thank you

J.C.

To Brisbane Water Legacy, a little note sent from someone who would like to say thanks for all that you do. And add, if there is something that you ever need, you'll give me the chance to return your kind deed. Thank you.

M.B.

To Peter Lawley, Angela and Staff and Legatees. Thank you for the beautiful flowers and cake for my 100th birthday and to the ladies who shared my day with me, it made it such an enjoyable one. Thank you.

E.P.

To Legatee Cheryl Fitzgerald, I would like to thank you for the lovely card you sent me for my 96th Birthday.

N.M.

To Legacy, thank you for the lovely gift, the kind, warm wishes too...I want to thank you for sending a singing gentleman to deliver my beautiful flowers for my 100th birthday, it was much appreciated, and I just loved it. They really mean so very much because they came from you!

W.B.

Dear Mr Tony Lord, many thanks for your birthday card. It was wonderful to receive it and know that I was thought of on my birthday.

M.B.

Dear Cheryl, thank you so much for the lovely Birthday card. Yours sincerely

B.N.

Dear Karen, many thanks for sending me birthday wishes on behalf of Legacy. You are all so thoughtful and kind. I had a lovely 95th birthday with family and friends.

P.K.

80th anniversary of Australian Women's Land Army

27 July 2022

The Australian Women's Land Army (AWLA) was formed during the Second World War to combat rising labour shortages in the farming sector. From December 1941, when Japan entered the war, the nation's need to build up its armed forces was placed above the needs of other industries, which resulted in agricultural labour being diverted to the armed services and to vital war industries.

To meet the shortfall in rural labour, state governments and private women's land organisations were organised, modelled on those established in Great Britain. A national body was formed on 27 July 1942. While policy was devised by the federal government, the organisation of the AWLA remained state-based. An extensive recruiting campaign was undertaken for new members. Most members of the existing land armies were later incorporated into the AWLA as well.

The AWLA functioned in two divisions:

- **Full-time members:** These women enrolled for continuous service for 12 months (with the option of renewal). They received badges, distinctive dress uniform, working clothes, and equipment.
- **Auxiliary members:** These women were available for periods of at least four weeks at nominated times of the year. They worked on seasonal rural operations, and received a badge, working clothes, and essential equipment on loan for these times.

Recruits had to be between 18 and 50 years of age and be British subjects or immigrants from Allied nations. Women on the land who were already farmers, employees or relatives of landholders were not eligible to enlist. AWLA women were generally drawn from city areas and were often unskilled in rural work. This new form of labour had to be heavily promoted to rural employers, who were initially resistant to using female labour. But such attitudes generally changed over time, and farmers came to praise and respect the women and the work they did.

Enrolment numbers peaked in December 1943, with 2,382 permanent members, and 1,039 auxiliary members. The average working week for an AWLA member was 48 hours, with pay starting at the AWLA minimum wage of 30 shillings a week. Permanent members were also entitled to sick pay. Women were paid much less than their male counterparts for the same work, which covered diverse roles such as vegetable and fruit growing, pig and poultry raising, and sheep and wool work.

They were also involved in the production of flax, one of the most important products during the war. It was used for all sorts of clothing and equipment from coats to parachute harnesses, ropes to tarpaulins and even to cover gliders used to transport troops.

In January 1943, Cabinet endorsed the status of both divisions of the AWLA as an official 'fourth service', after the Women's Royal Australian Naval Service, the Australian Women's Army Service and the Women's Auxiliary Australian Air Force. The organisation was

to be formally constituted under the National Security Regulations, however, a final draft of these regulations was not completed until 1945, and was not acted upon before the end of the war and the demobilisation of the AWLA. As a result, members of the AWLA were not accorded the same benefits as members of the other women's services.

The AWLA was disbanded on 31 December 1945. In 1997, many former members of the AWLA became eligible for the Civilian Service Medal, following on from a 1994 Committee of Enquiry recommendation.

Chris Boron's mother Olga served with the AWLA from 1942 when she turned 16. Olga passed away in 2012, but Chris is keen to see the service of AWLA women better known and fully recognised. He points out that it was not always an easy life.

'Living in rural huts and tents (no facilities) in all weather conditions, and eating whatever vegetables and fruits that were being harvested, would have been a challenge then and now, for city girls!' he says.



Were any of you, our readers, part of this dedicated group? If so, we would love to hear from you.

Please contact The Editor, Legatee Max Davis



THE LIGHTER SIDE OF LIFE



Why did I get divorced? Well, last week was my birthday. My wife didn't wish me a happy birthday. My parents forgot and so did my kids. I went to work and even my colleagues didn't wish me a happy birthday.

As I entered my office, my secretary said, "Happy birthday, boss!" I felt so special. She asked me out for lunch. After lunch, she invited me to her apartment. We went there and she said, "Do you mind if I duck into the bedroom for a minute?"

"Okay," I said.

She came out 5 minutes later with a birthday cake, my wife, my parents, my kids, my friends, and my colleagues all yelling, "SURPRISE!!!" while I was waiting on the sofa... naked.

A husband and wife were driving through Louisiana. As they approached Natchitoches, they started arguing about the pronunciation of the town. They argued back and forth, then they stopped for lunch.

At the counter, the husband asked the blonde waitress, "Before we order, could you please settle an argument for us? Would you please pronounce where we are very slowly?"

She leaned over the counter and said, "Burr-gerrr Kiiing."

There was this guy at a bar, just looking at his drink. He stays like that for a half hour. Then a big trouble-making truck driver steps up next to him, takes the drink from the guy, and just drinks it all down.

The poor man starts crying. The truck driver says, "Come on man, I was just joking. Here, I'll buy you another drink. I just can't stand to see a man cry."

"No, it's not that," the man replies, wiping his tears, "This day is the worst of my life. First, I oversleep and I go in late to my office. My outraged boss fires me. When I leave the building to go to my car, I find out it was stolen. The police say they can do nothing. I get a taxi to go home, and when I get out, I remember I left

my wallet. The cab driver just drives away. I go inside my house where I find my wife in bed with the gardener. I leave again, come to this bar, and just when I was thinking about putting an end to my life, you show up and drink my poison."

A bank robber pulls out a gun, points it at the teller, and says, "Give me all the money or you're geography!"

The puzzled teller replies, "Did you mean to say 'or you're history?'"

The robber says, "Don't change the subject!"

Two old friends crossed paths after not seeing one another for almost a decade.

Fred: "What are you doing these days?"

John: "PHD."

Fred: "Wow! You're a doctor!"

John: "No, Pizza Home Delivery."

A man went to his lawyer and told him, "My neighbour owes me \$500 and he won't pay up. What should I do?"

"Do you have any proof he owes you the money?" asked the lawyer.

"Nope," replied the man.

"OK, then write him a letter asking him for the \$5,000 he owed you," said the lawyer.

"But it's only \$500," replied the man.

"Precisely. That's what he will reply and then you'll have your proof!"

Two little boys were known troublemakers, stealing everything they could get their hands on, even from the church. One day a priest stopped one of the boys and asked, "Where is God?"

The boy shrugged and the priest repeated, "Where is God?"

The boy ran out of the cathedral crying to his home where he hid in a closet. Eventually his brother found him and asked, "What's wrong?"

The crying boy replied, "We're in trouble now! God is missing and they think we took him!"

Latest News

Rehabilitation medicine is the comprehensive management of patients who have sustained a functional loss as a result of illness or injury.

Team Based Approach to Rehabilitation



BWPH, sees patients who have Orthopaedic (joint replacement, fractures, muscular injuries, spinal injuries), Neurological (stroke, traumatic brain injury, spinal cord injury, multiple sclerosis, Parkinson's disease and other neurological conditions). Reconditioning (patients who have experienced an acute episode of illness or undergone a surgical procedure with subsequent deterioration), Amputee, and Pain Management, illness or injury.

We are driven to improve their function and quality of life.

Our philosophy is that by using a team based coordinated approach; with the patient as an active (rather than passive) participant we will achieve the best functional outcome for the patient.

Our approach is to collaborate with the patient to set SMART goals and achieve them succinctly

Our rehab programs are staffed by an experienced team including

- Rehabilitation Physician
- Nursing staff including Registered Nurses, Enrolled Nurses and Assistants in Nursing.
- Occupational Therapists
- Physiotherapists
- Exercise Physiologists
- Dieticians

- Speech Pathologists
- Allied Health Assists
- Social Worker
- Discharge Planner
- Clinical Psychologist Consultant- access to consultative services as required

Upon discharge patients can continue their therapy by attending our Day Program 2-3 days per week, which allows them to further improve their health and function.

Patients are also able to attend our Day program sessions without an inpatient stay with a referral from their GP to one of our Rehab Physicians.

We also run a PD Warrior program for those patients with Parkinson's Disease that want to improve their management of the disease.

Did you know that Brisbane Waters Private Hospital is home to the largest private mental health facility on the Central Coast?

For admissions:
1800 814 226

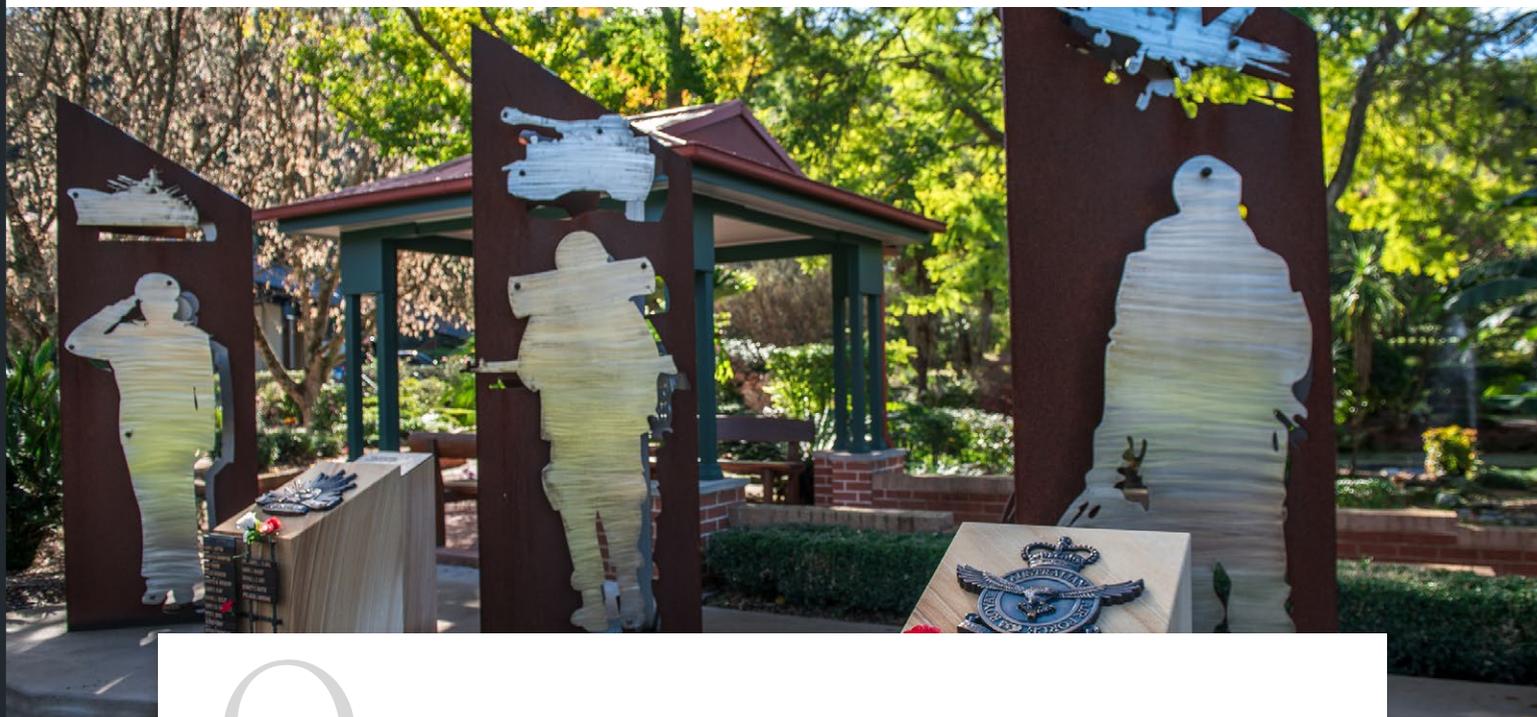
With urgent in-patient admissions and day patient admissions available, the Central Coast Clinic provides programs which offer Cognitive Behavioural Therapy (CBT), Dialectical Behaviour Therapy Skills Day Program (DBT), Acceptance and Commitment Therapy (ACT) in addition to art, music and group therapies.

With access to full rehabilitation facilities including hydrotherapy as well as private rooms and individualised care, the Central Coast Clinic provides a safe space to access support and learn strategies and tactics to help you recover, recharge and navigate any mental health issues you may be facing. Contact 1800 814 226 for admissions or for mental health day program enquiries contact 02 4343 0324. www.centralcoastclinic.com.au



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Visit and explore the facilities at Palmdale Memorial Park, 57 Palmdale Road, Palmdale. Conveniently located just off the M1 Pacific Motorway (F3) near Ourimbah Exit, Ourimbah. Tour around our numerous gardens, Defence Memorial and spacious chapels that are fitted with the latest in audio-visual technology. With all facilities including fully catered private function rooms and a café located onsite, know you are in safe hands with our friendly teams.

